



Lighthouse

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24 August 2015

Dear Parents/Guardians, Students & Friends of SFX

Professor John Hattie is a leading researcher and writer on education. His work originated in New Zealand but now he is mainly based in Melbourne. He is widely quoted throughout the world due to his comprehensive studies in the field of education.

He has been asking the question, what are the things that make a difference when it comes to student performance?

In order to adequately answer that question, he has spent years analysing the results of numerous studies that have been undertaken across the world in the field of education. His findings were interesting, but not surprising. However, he has challenged some of the myths that have abounded.



At the top of the list is what he classifies as “Student Expectations”.

“Student Expectations” captures the importance of students having high and realistic expectations of their own academic performance. It also relates to parents and teachers having high expectations. In other words, students will find it difficult to perform at their best if they, their parents or their teachers continue to have mediocre scholastic expectations.

There are various obvious indicators of students operating with low expectations. These would include lateness to school, absenteeism, incompleteness of assessments and lateness with assessments. Of course, on occasions, there are legitimate and valid reasons why these may occur.

Those students who conduct themselves with high and proper expectations are equipping themselves for success. No one expects any student to perform beyond their capabilities, rather it is a matter of setting clear intentions and then making the effort to fulfil these goals.

Perhaps the findings of Professor Hattie are also applicable when it comes to work and careers. Those workers who have high expectations of themselves, do not make excuses for themselves and are willing to learn are much better positioned for success. They take control of their future to the best of their ability.

These attributes also form part of references, including school references.

Br Robert Sutton, fms
Principal

Year 12 Textiles and Design students devoted half their class time creating a Major Project. The Major Project consists of a folio 12 x A3 pages, documenting the design process. An item from one of five focus areas. These focus areas being: Textile Art, Costume, Apparel, Furnishings and Non Apparel. The Major Project contributes 50% of the student's external mark and the item and folio rank as equal percentages. The other 50% is taken from the results of the external HSC Examination.

The 2015 Textiles and Design students presented a display of their Major Projects on Monday afternoon 10 August 2015, to family, friends, students and teachers. All visitors were impressed and amazed at the high standard of creativity and innovation displayed. The following day the Major Projects were sent to BOSTES Marking Centre in Sydney for external marking.

The display included items from a wide range of different focus areas as shown below.



Mermaid Costume
by Courtney Heffernan

Lino block printed, 3D hand textured coral and sea creatures, hand and machine embroidery.



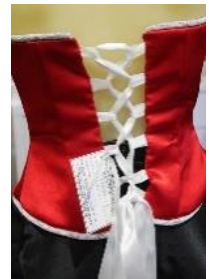
Indian Sari Inspired Outfit
by Elizabeth Moody

Scalloped hemline featuring gold hand beaded trim, chiffon cape draped from back shoulder seams. Long skirt with longer back train.



Queen of Hearts Costume
by Katelin Aird

Full length fish tail skirt with handmade organza hearts attached to the hem.



The corset top is fully lined and boned with a lace covered contrasting piping and eyelet opening at the back.



Indonesian Inspired Doona Cover
by Clare Maxwell
Incorporating hand and machine embroidery, digital printing and traditional dye methods.



Native American Inspired Outfit
by Eden Playford
White leather and brown suede halter top and long skirt featuring hand crocheted medallions on a fitted belt. The front halter top features front fringing, centre crocheted medallion and colour feather accent.



**Native American Indian
Wall Hanging
by Emily Roberts**

Hand woven including knitting, bunching, macramé, handmade tassels, pom poms and machine gold thread embroidery.



**Fitted Jacket Inspired by Hmong Culture
by Coco Peirce**

Indigo hand dyed jacket and lining with strips of machine embroidery using a variety of colours and stitches.



YOUTH PARLIAMENT

**Sophia-Rose Castro Declared the Next Youth Governor
By Robert Barrie**

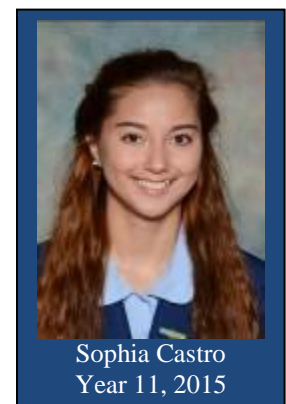
(Extract from The Advocate Weekend Edition: July 11-12 2015.)

The last time the phrase “Her Excellency” was used at Youth Parliament, every 2015 Youth Member was in primary school. That was until July 10th, when the Hon. Sophia-Rose Castro was named the new Youth Governor for 2016.

Sophia began her Youth Parliament journey in 2014. She was the Youth Member for Swansea in the Legislative Assembly.

Ms Castro was a member of the Communities Committee, presenting the *Community Sport Bill 2014*.

In 2015, Ms.Castro returned to the program as a member of the Legislative Council. She was elected by her peers as opposition Whip; a job she undertook with excellence. Sophia has an incredible year ahead of her where she will continue to make positive impacts in the lives of those around her.



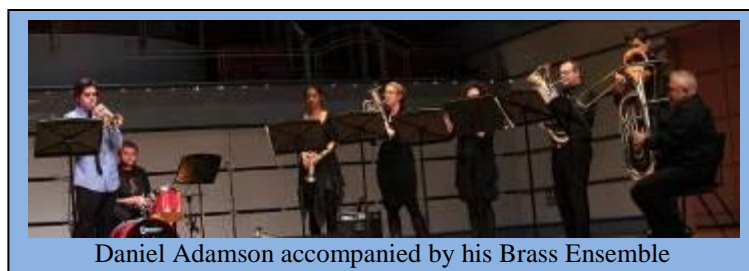
**Sophia Castro
Year 11, 2015**

St Francis Xavier’s College congratulates Sophia on being named the new Youth Governor for 2016!

A celebration of the wonderful sounds of our Year 12 Music Students

Congratulations to the Year 12 Music Students who so impressively performed at our annual University of Newcastle Conservatorium Concert last Friday evening. In a marvellous venue and with a professional approach to their performances, the students performed selected pieces from their HSC Performance Repertoire. The music staff are very proud of these students and wish them well for their upcoming HSC Practical Examinations in Week 9 of this term.

Mrs Melissa Wattus and Mr Luke Baker
Music Staff



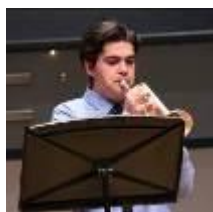
Daniel Adamson accompanied by his Brass Ensemble



Chelsea Scully

Well done to **Chelsea Scully** from Year 11 Music who was invited to perform at the concert as a result of her outstanding recent Year 11 Music Performance Assessment.

Special Congratulations to the following Year 12 students.



Daniel Adamson



Mitchell Bourke



Jacob Burgess



Andrew de Souza



Emmanuel Herman



Megan Johnson



Madelaine Lloyd



Bradley McLean



Liana McLeary



Emily Ogden



Nicholas Price



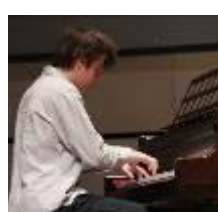
Aiyana Pugh



Eliza Roy



Lambert Sarpor



Christian Shilling



Joseph Willis



William St Claire

A lot has been happening with sport at SFX.
Here is a quick look at some of the action.

Mr Paul Dan
Sports Coordinator

Diocesan Athletics Carnival

SFX once again took a strong team to the Maitland & Newcastle Dio Athletics carnival. On another perfect day, fast times and impressive distances were posted all throughout the day. Here is a rundown of how our students performed.

| | |
|-----------------|---|
| Maddison Ingram | 1 st place 100m 17+ sprint, 2 nd place 17+ javelin, discus, 200m sprint, long & triple jump |
| Kaman Bol – | 1 st place 17+ 400m, 2 nd place 17 + javelin, 1500m, long jump, high jump, 100m sprint |
| Thomas Newman | 1 st place 17+ discus and shot put |
| Lydia Frazer | 1 st place 17+ 800m, 3 rd place 17+ shot put |
| Relay teams – | Boys' 17+ 4 th place Girls' 17 + 2 nd place |

A big thank you to the staff members who attended: Mr Frank Hales, Mr Andrew Burke and Ms Ricky Brassey.

Rugby Union

Our boys and girls rugby union teams have been busy playing in several tournaments including the 'Future Tahs' Sevens tournament which is a NSW wide school competition which acts as a pathway to the Youth Olympics. The girls were again outstanding in terms of their performances finishing a close second to Hunter Sports High School in the regional section of the tournament. All players were vital in ensuring the side made it as far as they did, however after votes were counted it was clear that there were two players who would share the Player's Player of the tournament and that honour went to Maddison Ingram and Mikala Fulmer.

A big thank you must go to Mrs Louise Fanning who was manager.

Our boys have also been busy competing in the equivalent tournament. SFX were able to put two teams into this competition, and both played outstandingly making the Semi-Finals. As a result, one of our sides finished second on the day to Hunter Valley Grammar. As such they were given the opportunity to play in Sydney as a part of Australian Schools 7's Nationals Competition. Here the boys played well to make the 'Bowl' Final where they once again met Hunter Valley Grammar. In a case of 'trick me once, but not twice' the boys dug deep to win from behind 21-17 to be named 'Bowl' Champions.

Thank you to both Mr Burke and Mr Oke for another outstanding season.



X-Country

St Francis Xavier's once again took a strong team to this year's Maitland and Newcastle Diocese X-Country carnival held at Glenbawn Dam, Aberdeen. On what was a perfect day for racing, our students competed strongly and thoroughly enjoyed running in beautiful surroundings. Each of the students' must be congratulated on their behaviour and representation of the College.



Following on from this, **Chloe Walters** was selected as part of the Maitland & Newcastle Diocesan team who competed at the Eastern Creek Racetrack as part of the NSW CCC X-Country Championships. Chloe 'blitzed' the field and ran a very convincing 1st place. This saw her invited to the NSW Combined High Schools Championships, however Chloe declined in order to ensure her preparations for external races was more adequate. We would like to congratulate Chloe on her fine performances and wish her all the best for her upcoming races.

NSW CCC 1st XV Rugby Representative

Thomas Newman recently represented NSW CCC in the 1st XV for Rugby Union. As a result, Tom was able to test his skills against some of the best junior players in Australia. After beating Combined Associated Schools 2nd XV, NSW CCC then went on to play CHS 1st XV who proved too strong in a close and entertaining match. From all accounts, Tom played strongly and scrummaged, tackled and carried the ball to great effect. Exciting times are ahead for Tom as this is not the end in regards to his schoolboy representative rugby for this year. He will compete against Samoan Schools as a part of the Country Schools 1st XV later in the year.

We wish him all the best and congratulate Tom on a fine and well deserved achievement.



Combined Catholic Colleges State



Championships Penrith

18-19 June 2015

Girls' Basketball Report – 3rd Place

With only seven players again this year, we knew it was going to be a tough couple of days. However, the girls rallied in each of the games played and were able to secure **2nd place** and the **Silver Medal**.

Our first game was against St Mary Star of the Sea College, Wollongong. The girls were able to control the tempo of the game from the beginning and were on top the entirety of the game. We won this game convincingly **62-29**.

The next game against Trinity Catholic College, Lismore was much the same as game one and although this team looked strong on paper we easily accounted for them, **58-28**. Strong performances from all the girls was the trade mark for such a good win.

The third round game was against Loyala Senior Catholic High, Mt Druitt and a strong running game and great defensive effort kept the opposition on the back foot. The girls **won 65-34**.

Finishing on **top of the pool** guaranteed the girls a spot in the **quarter finals** on Friday morning. We dominated this game on the defensive end which gave the girls a lot of offensive opportunities and a **win 38-21** against Xavier College, Albury.

The **semi-finals** saw the girls come up against a strong physical - St John Pauls College, Coffs Harbour. Although we were outsized the girls fought hard to take out the win. We battled hard to get lots of rebounds, played excellent defense and the girls rewarded themselves by knocking down both inside and outside shots and came away with a good **win 43-41**.

In the **final** we played St Joseph's Catholic College, Gosford. The girls played superbly throughout the game and it was only in the last few minutes that Gosford were able to pull away and take the gold medal. Unfortunately, limited numbers, niggling injuries and tiredness caught up with the girls and the team went down in a tough match, going **down 53-60**. A gallant effort by all!

All the girls played very well over the two days. The team effort demonstrated by all was a trademark of the team and the reason they were able to maintain competitiveness throughout the tournament. Special mention to Alison Ebzery and Megan Johnson who played significant minutes during the tournament and worked tirelessly at both ends of the court.

The College should be extremely proud of each of the girls. They worked really well together and never gave up, representing the College outstandingly over the two days. **Well done ladies!**

Congratulations to the following girls: Year 12 - Alison Ebzery, Megan Johnson, Gabrielle Lyth, Natalie Turner, Liana McLeary, Olivia McLeod Year 11 - Nicola Crawley.



Boys' Basketball Report – 4th Place

The boys had everything to gain and a lot to lose. The team having won the 2015 State Championships were the favourites going into the tournament. The boys' first game did not go to plan and they were **defeated** convincingly by Patrician Brothers College, Fairfield **54-13**. The boys were not able to get out of first gear and this was reflective of the domination by Fairfield in all stats in the game. While disappointed the boys were able to rally in the second game **defeating** John Paul College, Coffs Harbour **45-35**. This win spurred the boys on and they came out firing in the third pool game. A strong defensive effort by all and an effective offensive game saw a comfortable **win** against St John the Evangelist High School, Nowra **67-37**.

Day 2 saw the boys play their fourth pool game of the tournament. The boys had to win or draw this game against Loyala Senior High, Mt Druitt to make the quarter finals. It was a nail biter, both teams traded baskets for the entire game. Big plays by John Brokenshire and Myles Cherry down the stretch and tireless defense by all players saw the team **draw 35-35** and a spot in the quarters.

With an hours rest under their belt the team had to face Patrician Brothers College, Blacktown. While Blacktown was a strong team both offensively and defensively, the boys were able to remain composed in the later stages of the game taking a close **win 45-43**. The semi-final saw the boys come up against St Dominic's College, Kingswood. They had a lot to prove having lost to SFX in the quarters in 2015. St Dominic's were a strong all round team and came out firing from the first whistle. SFX fought hard for the entire match but were unable to match the speed, athleticism and height of the opposition, **losing** the match convincingly **56-27**. The boys now had the opportunity to play for the bronze. Unfortunately, a medal was not in our grasp and we **lost** to Holy Spirit College, Lakemba **56-48**.

Many thanks to all the boys for their tireless effort over the two days. Like the girls, they played with pride and commitment. They represented the college in a most exemplary manner and are to be congratulated for the way in which they conducted themselves on and off the court.



Well done to the following team members: Year 12 - Myles Cherry, John Brokenshire, Kaman Bol, Michael Sheridan, Viko Puliueva, Makoi Makuer, William Sheely, Connor O'Dowd, Lachlan Kline. Year 11 - Joseph Hanrahan.

Many thanks to the coach, Mr Rohan Stevenson and team managers Mr Robert Sheridan, Brother David and Brother Pat.



On a final note, Myles Cherry leaves Newcastle in August to take up a scholarship in America at prep school - Choate Rosemary Hall, Connecticut.

His basketball resume is extensive:

- College Captain
- NSW Country U/18 representative, (Captain, 1st place at the Australian Championships and selected in the Australian All-Star 5)
- Selection in the All Asian Nike All Star Camp
- Australian U/17 Basketball squad member



Myles' goal is to 'hone' his skills in all facets of the game and perform well academically in order to be accepted into a Division 1 College at the end of 2016.

Congratulations Myles and the best of luck in your future endeavours.

Mrs Rosemary Sheridan
Basketball Coordinator



The College is offering free Tai Chi to all Year 11 students during the upcoming exam block.

Tai Chi is a well researched practice of mindfulness and relaxation.

These sessions will be delivered by a Tai Chi Master from the Australian Tia Chi Institute

Sessions will run each morning of the exam block from 8:20 – 8:50am.

We encourage all students to try this proactive way to manage stress,
anxiety and be able to perform their best in exams!!



Australian Government

Office of the Children's eSafety Commissioner

How to report cyberbullying material



1 Report the cyberbullying material to the social media service

2 Collect evidence — copy URLs or take screenshots of the material

If the content is not removed within 48 hours...

3 Report it to www.esafety.gov.au/cyberbullying-complaint

4 Block the person and talk to someone you trust

If you are in immediate danger, call Triple Zero **(000)**.

If you need to talk to someone, visit **Kids Helpline** online or call them on **1800 55 1800**, 24 hours a day, seven days a week.



Mrs Mac is running 'How to...' apply to Uni sessions

These sessions will cover costs of university degrees, how to use & change preferences, how EE affects these, how bonus points work, all the important dates to remember.

Teaching Scholarships with the Newcastle Catholic Schools Office



Forms are available from Mrs Mac's Office.

Teaching Scholarship with DET

The NSW Department of Education and Communities have launched a range of scholarships and cadetships for HSC students interested in becoming a teacher. Successful applicants receive financial incentives whilst studying and a guaranteed permanent job upon graduation. Click on the link to apply <http://www.teach.nsw.edu.au>

Meet the Women in Defence team at the Indoor Rock Climbing Event

The Women in Defence team invite you to join the team for an evening with current serving ADF Females and Indoor Rock Climbing. Pulse Climbing Newcastle 10/122 Garden Grove Parade, Adamstown NSW on Monday, 21 September at 6pm.

RSVP to cptnswevents@dfr.com.au with your name, phone number by Friday, 11 September. As there are limited places available it is essential for students to book a spot. If they would like to bring a friend along they just have to provide their name as well. **RSVP's are to be emailed to cptnswevents@dfr.com.au** or please call **Erika Medina** - Eastern Region Diversity Activity Coordinator: Telephone (02) 8831 2216 .

Certificate II in Aviation (Flight Operations)

Aviation Australia courses train students to a high standard, placing graduates on the first choice recruitment list of well-renowned domestic and international airlines. Sydney course starts Monday, 26 October. Visit www.aviationaustralia.aero.

AIT FREE Digital Workshops for Year 12 Students

AIT offers free day courses once a month in **Film, Games, Animation & Concept Art** so students can explore their creative potential. These day workshops have been designed to boost their skills and help to make a decision about the direction of their studies! **WHEN:** Saturday, 12 September @ 10am-4pm **WHERE:** AIT Campus, 2/7 Kelly St, Ultimo. NSW Registration online: <http://www.ait.nsw.edu.au/free-day-courses/>

McDonald Jones Homes Cadetship Program Open for HSC Leavers

A new cadetship program with McDonald Jones Homes is open for HSC leavers in Sydney, the Hunter and South Coast. Cadets complete a Certificate III in Business as well as a Certificate IV in Building and Construction (Estimating) - rotating through different areas of the company including sales, customer service and estimating.

Visit <http://www.mcdonaldjoneshomes.com.au> or phone (02) 4918 2645.

Australian Catholic University

North Sydney Open Day – Saturday, 5 September, 8:30am - 2:30pm Visit www.acu.edu.au/openday
ACU Strathfield Open Day – Saturday, 12 September, 8:30am - 4pm Visit www.acu.edu.au/openday

NIDA 2016 Applications Now Open

The National Institute of Dramatic Art (NIDA) is a centre of education and training for theatre, film and television. Applications are now open for NIDA's 2016 Master of Fine Arts, Bachelor of Fine Arts and Diploma courses, and close Wednesday, 30 September. For full course details and to apply, visit <http://apply.nida.edu.au>.

First Aid Courses



These will be run over three Fridays of this term. If you feel this would be of benefit to you in looking for work, or is a requirement of future studies see Mrs Mac.

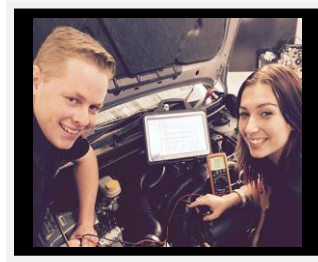
2016 apprentice intake for Port Waratah Coal Services

Applications are welcomed up until 5pm Friday 21st August 2015. Please visit www.novaskill.com.au to view the advertisement and for details on how to apply.

Please contact Rachel Nicholls .Senior Officer ;
racheln@novaskill.com.au **Mobile: 0417 235 959** |
Direct: 02 4906 6732 |

The Vantage Automotive Apprenticeship Program provides school leavers with an exciting and challenging opportunity to receive formal qualifications through extensive product training while in full-time employment. There are currently 350 vacancies across the country, with new positions being offered every week. By January 2016 we expect to have placed nearly 500 new job seekers and dealerships, looking for the brightest new apprentices.

-  **Cert IV in Light Vehicle Mechanical Technology**
-  **Cert II in Automotive Air Conditioning**
-  **Cert. III in Automotive Sales (Parts Interpreting)**
-  **Cert. IV in Automotive Management**
-  **Cert. IV in Automotive Mechanical Diagnosis**



If there are any questions about the programs,
please email: reception@vantageautomotive.com

A reminder of the sessions offered to Year 12 over the coming weeks

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--|--|---|---|--|
| Week 7 | Saturday, 29 August: Open Day for: Sunday, 30 August: Open Day for: | | | | |
| | National University Australian Defence Force Academy (ADFA) Canberra University Sydney University University of Technology (UTS) University of Western Sydney | | | | |
| | <u>24 August</u> First UAC "How to apply to Uni" talk. You must register for this on the booking sheet outside Mrs Mac Office. <i>Period 5.</i> | <u>25 August</u> | <u>26 August</u> Early Entry to University – What is it and how to apply? <i>Theatrette at lunch time.</i> | <u>27 August</u> Second UAC "How to apply to Uni" talk. You must register for this on the booking sheet outside Mrs Mac Office. <i>Period 5.</i> | <u>28 August</u> First Aid Course for Hospitality students . <i>* Other students can apply.</i> |
| Week 8 | Saturday, 5 September: Open Day for University of New South Wales | | | | |
| | <u>31 August</u> TAFE applications for 2015. <i>Theatrette at lunch time.</i> | <u>1 September</u> Third UAC "How to apply to Uni" talk. You must register for this on the booking sheet outside Mrs Mac Office. <i>Period 5.</i> | <u>2 September</u> TAFE applications for 2015. <i>Theatrette at lunch time.</i> | <u>3 September</u> The last UAC "How to apply to Uni" talk. You must register for this on the booking sheet outside Mrs Mac Office. <i>Period 5.</i> | <u>4 September</u> First Aid Course for Sports Coaching students . <i>* Other students can apply.</i> |
| Week 9 | Saturday, 12 September: Open Day for Macquarie University | | | | |
| | <u>7 September</u> Part 1 RSA course. <i>Starts at 3:15 pm until 6:30 pm in the Theatrette.</i> | <u>8 September</u> Part 2 RSA course. <i>Starts at 3:15 pm until 6:30 pm in the Theatrette.</i> | <u>9 September</u> Possibly a second scholarship information session? | <u>10 September</u> A second Early Entry session if required | <u>11 September</u> |
| Week 10 | <u>14 September</u> | <u>15 September</u> | <u>16 September</u> | <u>17 September</u> Last day for Year 12 | <u>18 September</u> Graduation Mass |