



# Lighthouse

**Volume 30 Number 4**

**28 March 2014**

Dear Parents/Guardians, Students & Friends of SFX

Easter is nearly here. The year is marching on and the first school term is almost complete. Year 12 will be sitting their mid-course exams and Year 11 have nearly completed a seventh of their senior studies.

The first school term has seen events like; the Commissioning Ceremony, Orientation Days, the 'Get-to-know-you Day', information evenings, music presentations, various social justice events, a number of sporting fixtures and the 'Battle of the Bands' contest. All this is in addition to our core business of teaching and learning. This is the reality of life at SFX at this time of the year.

No doubt the life of most parents would echo similar amounts of intensity.

So when Easter does arrive it may be opportune to stop and breathe a little. As the saying goes, 'remember to stop and smell the roses.' And it may be worthwhile to take in some of the powerful messages from the Easter story that still have relevance in our daily lives.

Perhaps the strongest message is that of the crucifixion. This is symbolised in Christian churches throughout the world by the cross. Immediately, as you walk into a church you are confronted with a cross. Right at the front, and it remains in your view the whole time that you are in the church.

This cross reminds us of several pillars of our faith. Strong among those is that suffering and pain is part of what we believe and are part of our lives. They have always been part of the human condition and will always remain part of it. Christianity accepts this and acknowledges that we cannot hide from the pain that we will confront.

Unfortunately some people do try to avoid pain by resorting to various means of escape. Drugs, alcohol, bullying and violence can all be unhealthy attempts to escape the reality of life. They rarely provide long-term solutions and can frequently lead to further pain for themselves or other people, especially loved ones.

It is also worth remembering that at the foot of that cross at Calvary stood a man's mother and friend. He was not alone as he endured great humiliation, physical pain and agonising death. He was comforted and supported by those who loved him and this is how we know about what it is to have hope.

This is the most powerful message of the Easter season. It is that hope will triumph over pain and that when we support, comfort and love others we are helping people to have hope and see worth in their lives.

I extend to all families of the College a happy and blessed Easter season.

Br Robert Sutton, fms  
Principal



## Year 12 MID COURSE



**Commence on  
Monday, 31 March and  
conclude on  
Friday, 11 April**

Students have been emailed an examination timetable. Please be advised that as per our Assessment Policy leave will not be granted during exam blocks, therefore students should carefully check commitments during this period.

Mrs Patricia Hales  
Assistant Principal – Dean of Studies

## VOCATIONAL EDUCATION AND TRAINING (VET)

## Port Waratah Scholarships Report

PWCS in partnership with the Department of Education and Training and the Catholic Schools Office has established a two year Vocation, Education and Training (VET) scholarship for students in Years 11 and 12 in Business Services and Metals & Engineering. Twelve scholarships are offered each year each valued at \$4,200 over the two years. A requirement of the scholarship is that students undertake study in VET Business Services or Metals & Engineering. The Business Services students complete a Certificate II in Business Services at SFX whilst Metals & Engineering students complete a Certificate II in Metals & Engineering at Hunter TAFE. The program allows students to combine their studies with on the job training at PWCS by way of Work Placement which assists in their development and enables them to gain experience in the workplace in these Industry areas. Successful recipients include the following:

### YEAR 12

*These students will complete the program in April 2014*



**Natasha Mordey**  
Business Services



**Phoebe Bice**  
Business Services



**Calvin Pinto**  
Metals & Engineering



**Joel Henshaw-Kiley**  
Metals & Engineering

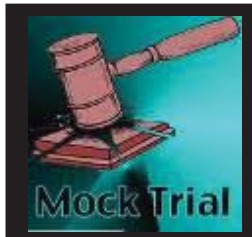
### YEAR 11



**Sophie Lembcke**  
Business Services



**Rachel Saidi**  
Business Services



## Mock Trial Round 1

Our 2014 season commenced with a civil case against Merewether High School involving a claim for negligence arising from a dog attack. Representing the plaintiff, we were required to prove that our clients injuries occurred as a result of the dog owner failing to tether or muzzle her dog, rather than our trespass on her property. The case involved complex law which we argued competently, supported by our witness' evidence.

Our team was:

Barristers: **Shay O'Callaghan, Corin Ayliffe**

Solicitor: **Imogen Llewellyn**

Witnesses: **Jasmin Blanch, Amara McHugh\_Shahani**

Magistrates Clerk: **Nicholas Cain**

Unfortunately we lost both, the case and the round, 246-219. We learned a lot and will be the better for the experience in Round 2.

Mr Tony Stone  
HSIE Coordinator

St Francis Xavier's College

Phone Number: 02 4961 2863

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Email: [admin@hamilton.mn.catholic.edu.au](mailto:admin@hamilton.mn.catholic.edu.au)

Web Site: [hmltn.mn.catholic.edu.au](http://hmltn.mn.catholic.edu.au)

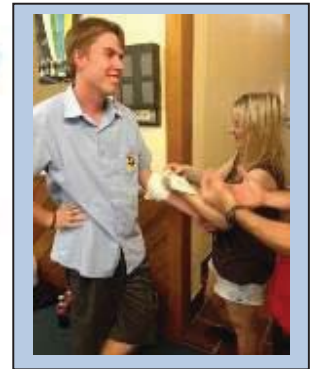
## Life Skills First Aid Training

On Friday, 14 March Year 11 and Year 12 Life Skills students participated in a First Aid training day as part of a final assessment for the First Aid Preliminary Certificate course studied this term in their Work and the Community module.

**Both the First Aid Assessment Day and course was run by the Work and Community teacher, Mrs Sharon Unie, Dee Conroy, a Transition Support Worker from Youth Connections and Surf Life Saving First AID trainer, Greg King.**

Throughout the First Aid training day students learnt different ways to perform CPR on both adults and infants. The practical skills we learned were: how to recognise and check for a pulse; how to put a person in the recovery position; how to bandage wounds and how to use a defibrillator. We were then assessed on how we performed CPR on the first aid mannequins.

The final part of the training day was the written assessment. Throughout the last four weeks of term we had studied the principles of first aid such as ratio of compressions to breaths; emergency numbers to call when using mobile, landline or if you are hearing impaired; depth of compressions to use for CPR; and how to support and treat a person who has suffered a stroke, sunburn, hypothermia, a fall, asthma attack, swallowed poison or been bitten by a snake. The most important first aid principle we learnt was to follow the DRSABCD rule whenever we come across a situation where people are hurt and may require first aid.



Everyone enjoyed the day. Food and drinks were provided by the presenters.

Some final comments from the students were:

*“It was interesting to do the CPR and learn bandaging”; “It was fun to do...lots of hands on activities”; “the mannequin’s chests were hard to push 1/3 down ; “I enjoyed the day and working together doing the bandaging”.*

We thank our teachers and presenters for this learning opportunity. We now feel more confident at helping each other in an emergency.

Written by Life Skills Work and the Community students





## St Francis Xavier's College



Thanks to the generosity of our students we have been able to give Easter Eggs to about 450 residents in local nursing homes in recent years.

Our appeal is on again this year until Friday, 4 April. Year 12 students can still bring in donations during their exams – just leave them in the House cartons at the Student Office. Donations of diabetic sweets or chocolates are also very welcome.

Our members will deliver the Easter Eggs on Tuesday, 8 April from 1:30 pm – 3:00 pm. Many thanks to all those who have already donated Easter Eggs to our appeal.

Br David



2014

Any interested College students are asked to see Mrs Wattus in the Music Department if they would like to be a part of this year's **DioSounds Concert**.

All parents and friends are invited to attend the annual Diocesan Music Concert **DioSounds** to see and hear some fabulous Diocesan students' music performances from our 11 Diocesan High Schools.

**Date for 2014**

**Wednesday, 11 June**

**Matinee and Evening Performances**

**Ticket details will be printed in the next Lighthouse**

## Poster Design Competition

If any student is interested in a **Poster Design Competition for the Diocesan Music Concerts - DioSounds 2014**, then they are to see Mrs Wattus in the Music Department for details and an entry form.



ASPIRE is a Diocesan Performance Ensemble for talented and aspirational Music, Drama and Dance students. Rehearsals for the concerts are well underway for the midyear performances.

## ASPIRE Diocesan Student Song Competition

If you believe that you can compose an uplifting and inspiring song that speaks of hope, optimism and courage, then this competition is for you. The winning entrant will win an iPad and have their song featured in the 2014 ASPIRE performance!

Video yourself singing and or playing your composition, (no matter how rough or unrehearsed) and send it to: [philip.burgess@mn.catholic.edu.au](mailto:philip.burgess@mn.catholic.edu.au)

**Alternatively, by post - on CD/USB to  
St Paul's Rutherford  
90A Gillies Street  
Rutherford 2320**

The selected song will be digitally re-recorded at 'DS Studios' Newcastle.

The ASPIRE staff are looking forward to hearing your amazing music. Terms and conditions apply. A flyer with more information can be seen on the Catholic Schools' Office website.

## College Music Assessment Preparation

During recent weeks here at the College, our music students have been busy, preparing for their Performance Assessment Tasks. Both Year 11 and Year 12 music students had the opportunity to perform their repertoire in Performance Preparation afternoons. Congratulations to the following students who took up the opportunity to perform in front of their peers and family members.

Year 11 – **Megan Johnson, Nicholas Price, Jaimi Bubb, Bradley McLean, Mitchell Bourke, Joseph Willis, Bradley Scott, Lambert Sarpur, Jessica Treacy, Patricia Ebor, Liana McLeary, William McGeachie, Abigail Woods, Clare Brennan, Andrew de Souza, Taya Calder-Mason, Aiyana Pugh and William St Claire.**

Year 12 – **Jakob Burtoft, Hayden Hemsley, Tyler Hutchinson, Scott Martin, Soo An, Taylor Marchant, Patrick O'Loughlen, Joel Oliver, Isabella Westall, Jordan Neilson and Anna Howard.**

Melissa Wattus  
Music Staff



## Basketball Report by Nic Honeylands

On Tuesday, 25 February, St Francis Xavier's College sent three Basketball teams to participate in the Catholic Schools Diocese Basketball competition,

which was held at Broadmeadow Basketball Stadium.

Up against Aberdeen in the first game it was one sided from the tipoff with SFX controlling all aspects of the game: with noteworthy hustle from both John and Ben. However, despite our intimidating starting five (with our shortest starter standing just below six feet), the boys from Aberdeen never gave up; continuing to play their hardest until the final buzzer when the scoreboard read 46-1.

Our second game was against Booragul and with countless high-flying slam dunks from the dynamic duo of Kouat and Dhiu Noi, and some equally smooth shooting from Kaman and Michael, it was another clean sweep with the final score 58-10.

Next, rather than facing SFX Blue in the Semi Final, the draw was rearranged and we faced Singleton. Crowds gathered to watch the show, with slam-dunks and alley-oops being the order of the day. Here again we secured another resounding victory, thanks to some monster post play by Viko, and sweet touches around the rim by Reece, Myles and Nic.

Finally, came probably the most anticipated match of the day - the Grand Final against our perpetual rivals from Maitland. From the tipoff, Maitland played with determination, and displayed no sign of being intimidated by our strong record. Their confidence was amplified by a very slow start from our team. After some "encouraging" words from Coach Rohan Stevenson, the boys dug deep and put on a display of excellent basketball. The final score was 45-16.



**Team Yellow**

The St Francis Xavier's **Yellow team** consisted of **Kouat Noi, Myles Cherry, Dhiu Noi, John Brokenshire, Reece Browning, Michael Sheridan, Viko Puliueva, Ben Kingham, Kaman Bol and Nic Honeylands.**



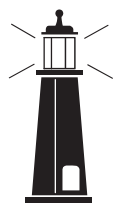
**Team Blue**

Team Blue members included **Cody Thorley, Joe Woods, Joel Henshaw-Kiley, Scott Martin, Makoi Makuer, Jordon Thorley, Ben Howard, Lachlan Kline, Danh To and Ben Hickmott.**

The team performed exceptionally well on the day. They defeated Singleton 18 – 11 and had a close game against Maitland. They faced St Mary's Maitland in the Semi Final and while they fought courageously were unable to contain the scoring power of St Mary's. The boys were placed 3<sup>rd</sup> overall. An excellent result for the College.

## Lighthouse

is available on the  
College Web Site  
[hmltn.mn.catholic.edu.au](http://hmltn.mn.catholic.edu.au)



### CHANGE OF ADDRESSES, EMAIL ADDRESS AND PHONE NUMBERS

In case of an emergency it is important that students' contact details are up to date. If there have been changes to family details please have your student go to the Administration Office where an appropriate form will be issued.



## Sport Snapshot

### U18'S National Basketball Championships

Four students have been chosen to represent NSW Country at the upcoming U18's National Basketball Championships in Canberra. **Kouat Noi, Myles Cherry, Alison Ebzery** as well as **Megan Johnson** will take part in a training camp/tournament throughout the first week of school holidays. We wish these students all the best and hope they score plenty of 'buckets' in their attempts to gain higher honours.

### 'Dan The Man' as he is crowned 'Across the Lake' Champion

**Daniel Collins** will be tough to beat at the upcoming Australian Surf Lifesaving titles after swimming to a comprehensive victory at the 54th installment of the 'Across the Lake' swim.

The 3.8-kilometre race (which Daniel finished in 43mins 25secs) was blessed with perfect conditions as more than 300 competitors swam from Coal Point to the finish line at Belmont 16 Footers. But it was Collins who stole the show, with the 17-year-old from Redhead Surf Club breaking away from his competitors early on to take the win. He will also have 'bragging' rights around the house, with his older sister, Jessica, finishing only 4 minutes behind to take out the women's section of the race. Congratulations Daniel and all the best at the National SLSC.

### Australian SLSC Championships

St Francis Xavier's will have a number of students competing at the upcoming Australian SLSC Championships to be held at Western Australia's Scarborough Beach. **Amelia Johnson, Gabrielle Grieves** and **Daniel Collins** will head to the titles on the back of solid form at the recent State SLSC Titles. We wish these students all the best and hope the conditions are conducive to good racing.

### Spearfishing

**Taylah Martindale** has been making 'huge dives' in her attempt to be the Inter Pacific Spearfishing Champion. Her results over the last couple of years have been outstanding where she has been the national female champion for 2013 & 2014. As a result of these successes, Taylah has competed at the 2013 Inter Pacific Spearfishing Championships, in Tahiti, where she competed strongly finishing high up the ranks against older and more experienced opponents. She will again travel to Tahiti later in the year to compete and is looking to use the experience she gained from her last campaign as motivation. Taylah, on behalf of the College community we wish you all the best in achieving your goals.



**Senior Girls**

The senior girls' team was made up of the following players: **Taylor McLean, Alison Ebzery, Megan Johnson, Gabrielle Lyth, Ashlea De Bruin, Natalie Turner, Lydia Frazer, Puonyuom Mathiang** and **Meiling Patfield**.

The team again proved their worth on the day winning all games by convincing margins against St Paul's Booragul, 44 - 2 and St Mary's Maitland 21 - 18. The final against St Mary's was a very tight contest with SFX winning in the dying stages 45-38. Defence was the key to the win.

A sense of respect for the other teams was maintained throughout the competition. This can only come from a team that has a strong regard for the sport and a true understanding of the meaning of sportsmanship. I can honestly say that all SFX teams wore the uniform with pride. Combine this with great teamwork and solid contributions from every player, and SFX are certainly ready to take the next challenge at the CCC State Tournament which will be held at Penrith in June.

Many thanks to our coaches, Paul Lyth and Rohan Stevenson and our managers Brother David and Brother Pat. Special thanks to Mrs Sheridan for her behind the scenes organisation and to Mrs Paton who was the Diocesan Basketball convenor, a position she has held for many, many years.

### **Battle of the Bands Winners! Polaroid Exposure**



## From the Careers desk



*“Be courageous.*

*It’s one of the only places left uncrowded”.*



**Make a booking in  
Exam time!**

Mrs Mac will still be taking appointments during the exam weeks. If you have an afternoon session, why not book an appointment before this? OR make a booking after an exam!

### **Latest Defence Force Sessions**

*These will be held at 528 Hunter St, Newcastle*

#### **ADFA Engineering Specific Information Session**

**Tuesday, 1 April at 6pm**

ADFA is where you'll be paid a salary to study a degree from UNSW while enjoying the great facilities and vibrant lifestyle on campus. You will also undertake military leadership training and learn to become an officer in Australia's Navy, Army or Air Force.

<http://www.defencejobs.gov.au/education/adfa/studiesTraining/baEngineeringAeronautical.aspx>

#### **Combat Information Session**

**Wednesday, 9 April at 6pm**

Be Australia's first line of defence and learn to make the right decisions under the toughest circumstances. You'll also support peacekeeping, humanitarian assistance and disaster relief operations in Australia and around the world. For more information visit:

<http://www.defencejobs.gov.au/army/combat-security/>

Any student who would like to attend phone (02) 4974 5427 or email [rsutcliffe@dfc.com.au](mailto:rsutcliffe@dfc.com.au).

### **Tax File Numbers**

Attention Year 11. If you have not picked up a TFN application or have not returned one as yet, I will be sending another “batch” to the Australian Tax Office in Week 10, so get them to me ASAP.

### **2014 Work Experience Program at the Canberra Observatory**

The Observatory offers a limited number of work experience places to students each year. These placements are typically 1 week in duration and the students work on an astronomical project under the supervision of professional astronomers. Aside from working on their project, work experience students also learn computing skills and attend departmental talks. Subject to availability they are also usually invited to attend an evening stargazing session using the Observatory's outreach telescopes. Students outside Canberra must organise and pay for their own travel and accommodation arrangements. Students should be aware that it is highly competitive to obtain a placement and that many good students do not receive offers (students offered places typically have high level grades in maths and science). To apply see Mrs. Mac or check the Careers Portal for the links



### **The recently launched Orana Fashion Business College Ultimo**

offers a Certificate IV in Business taught alongside fashion business modules. Every student completes a workplace training program, and online study options are available. All students have access to a styling studio, and are given a complimentary iPad Air, digital fashion magazine subscription and business cards. There are four intakes each year. Find out more at [www.oranacollege.com.au](http://www.oranacollege.com.au)

### **New range of opportunities for students considering Careers in Teaching**

Department of Education and Communities have specified teacher education programs, along with the Teacher Education Scholarship program [www.teach.nsw.edu.au/scholarships](http://www.teach.nsw.edu.au/scholarships) new Great Teaching, Inspired Learning Cadetships and Internships and Teach Rural Scholarships were added in late 2013. For more information visit [www.teach.nsw.edu.au](http://www.teach.nsw.edu.au) and [www.teach.nsw.edu.au/teachrural](http://www.teach.nsw.edu.au/teachrural). Next rounds of the scholarship programs will open in May 2014.

### **Thinking of taking a Gap Year??**

On the School Portal under Careers / Documents is a list of every organisation in Australia that offers some form of organised placement as well as all the Volunteer Organisations that cater for Gap year.

**The S P Jain School of Global Management** is offering full scholarships for Australian citizens wishing to study a Bachelor of Business Administration. Courses commence in January and August each year. Each scholarship is valued over \$100,000 and covers all tuition fees. Depending on applicant quality, scholarships may also cover part or all accommodation fees at S P Jain's Singapore (year 1), Dubai (year 2) and Sydney campuses (years 3 and 4). For details and application instructions, email [trent.pohlmann@spjain.org](mailto:trent.pohlmann@spjain.org).

**School Based Traineeship in Pharmacy**



There are two local businesses in The Junction & Marketown that are offering these places to students who have a serious interest in working in this area. This would be suitable for a Year 11 student only. On completion you would achieve a Certificate II in Community Pharmacy. See Mrs Mac if you are interested. They are also offering a **full** time position.

**RSA / RCG**

The applications for these are now **CLOSED!**

A reminder of dates  
 Monday and Tuesday, 5 & 6 May  
 AND 12 & 13 May  
**OR**  
 Saturday, 10 & 17 May

All sessions are in the Theatrette. On the weekdays it will start as soon as school is dismissed and finish at 6.15pm for both days. Weekend sessions start at 9am promptly. The trainers have every right to refuse you entry if you are late, as you must complete the required hours to qualify.

**Careers Expo- Newcastle- 2014**

The Year 12 students are invited to the Careers Expo on Thursday, 22 May, at the Broadmeadow Jockey Club. *Put this date in your diaries / phones.* The cost will be \$5 and you will need to have paid this before the day. Notes and further information will be issued closer to the date.

**Charles Sturt University** will be holding the MyDay Communication and Sports Journalism event on Monday, 14 April 2014 in Bathurst. This event is targeted at students who may be considering study in the Advertising, Commercial Radio, Journalism, Sports Journalism, Public Relations and Theatre / Media fields. The Student Flyer with further details and the Student Registration Form can be found on the SFX School Portal under Careers.

# Music Performances

## Year 11



## Year 12



**STUDENTS RAISE \$\$\$\$ WITH SPRAY & SHAVE!**

